The following Listing of Claims will replace all prior versions, and listings, of claims in the application.

LISTING OF CLAIMS:

- 1. (Currently Amended) A bicycle pedal assembly comprising:
- a bicycle pedal including
 - a pedal shaft having a center rotational axis;
 - a pedal body rotatably coupled to the pedal shaft about the center rotational axis of the pedal shaft, the pedal body having a first end and a second end with a center plane extending between the first and second ends and passing through the center rotational axis of the pedal shaft;
 - a front clamping member coupled to the first end of the pedal body, the front clamping member having a front cleat engagement surface facing towards the center plane of the pedal body; and
 - a rear clamping member coupled to the second end of the pedal body, the rear clamping member having a rear cleat engagement surface facing towards the center plane of the pedal body; and

first and second bicycle shoe cleats configured and arranged to be interchangeably coupled to the front and rear clamping members of the bicycle pedal;

a-first the first bicycle shoe cleat including first front and rear attachment portions configured and arranged to cooperate with the front and rear clamping members to release the first bicycle shoe cleat from a cleat engaged position to a cleat released position upon application of a first predetermined amount of outward twisting force, force; and

a second the second bicycle shoe cleat including second front and rear attachment portions configured and arranged to cooperate with the front and rear clamping members to release the second bicycle shoe cleat from the cleat engaged position to the cleat released position upon application of a second predetermined amount of outward twisting force that is higher than the first predetermined amount of outward twisting force,

the first and second bicycle shoe cleats being further configured and arranged to release from the bicycle pedal at substantially an identical cleat release angle.

- (Original) The bicycle pedal assembly according to claim 1, wherein the rear clamping member is movably coupled to the pedal body to move between the cleat engaged position to the cleat released position.
- 3. (Original) The bicycle pedal assembly according to claim 1, wherein the first and second bicycle shoe cleats are configured and arranged to deflect the rear clamping member about an equal amount.
- 4. (Original) The bicycle pedal assembly according to claim 1, wherein the first and second bicycle shoe cleats are configured and arranged such that the second bicycle shoe cleat deflects the rear clamping member slightly more than the first bicycle shoe cleat.
- 5. (Original) The bicycle pedal assembly according to claim 4, wherein the rear clamping member is pivotally coupled to the pedal body about a rear pivot axis with a biasing member urging the rear clamping member towards the cleat engaged position.
- 6. (Original) The bicycle pedal assembly according to claim 1, wherein the first front attachment portion includes a first front coupling surface selectively engageable with the front engagement surface of the front clamping member, the first rear attachment portion includes a first rear coupling surface selectively engageable with the rear engagement surface of the rear clamping member; and

the second front attachment portion includes a second front coupling surface selectively engageable with the front engagement surface of the front clamping member, the second rear attachment portion includes a second rear coupling surface selectively engageable with the rear engagement surface of the rear clamping member.

7. (Original) The bicycle pedal assembly according to claim 6, wherein the first front and rear attachment portions of the first bicycle shoe cleat are substantially mirror images of the second front and rear attachment portions of the second bicycle shoe cleat.

- 8. (Original) The bicycle pedal assembly according to claim 6, wherein the rear clamping member is movably coupled to the pedal body to move between the cleat engaged position to the cleat released position.
- 9. (Original) The bicycle pedal assembly according to claim 8, wherein the first rear attachment portion further includes a high release force engagement surface arranged and configured on a first side of a front to rear center longitudinal axis of the first bicycle shoe cleat to selectively engage an inside section of the rear clamping member and move the rear clamping member upon application of the first predetermined amount of outward twisting force on the first bicycle shoe cleat relative to the pedal body, and

the second rear attachment portion further includes a low release force engagement surface arranged and configured on a first side of a front to rear center longitudinal axis of the second bicycle shoe cleat to selectively engage the inside section of the rear clamping member and move the rear clamping member upon application of the second predetermined amount of outward twisting force on the second bicycle shoe cleat relative to the pedal body.

- 10. (Currently Amended) A bicycle pedal assembly comprising:
- a right right and left bicycle pedals, each of the right and left bicycle pedals including a pedal shaft having a center rotational axis;
 - a pedal body rotatably coupled to the pedal shaft about the center rotational axis of the pedal shaft, the pedal body having a first end and a second end with a center plane extending between the first and second ends and passing through the center rotational axis of the pedal shaft;
 - a front clamping member coupled to the first end of the pedal body, the front clamping member having a front cleat engagement surface facing towards the center plane of the pedal body; and
 - a rear clamping member coupled to the second end of the pedal body, the rear clamping member having a rear cleat engagement surface facing towards the center plane of the pedal body;

a first bicycle shoe cleat including first front and rear attachment portions configured and arranged to selectively cooperate with the front and rear clamping members of the right and left bicycle pedals; and

a second bicycle shoe cleat including second front and rear attachment portions configured and arranged to selectively cooperate with the front and rear clamping members of the right and left bicycle pedals,

the first bicycle shoe cleat being further configured and arranged to release from the left bicycle pedal upon application of a first predetermined amount of outward twisting force on the first bicycle shoe cleat,

the second bicycle shoe cleat being further configured and arranged to release from the right bicycle pedal upon application of the first predetermined amount of outward twisting force on the second bicycle shoe cleat,

the first bicycle shoe cleat being further configured and arranged to release from the right bicycle pedal upon application of a second predetermined amount of outward twisting force that is higher than the first predetermined amount of outward twisting force on the first bicycle shoe cleat,

the second bicycle shoe cleat being further configured and arranged to release from the left bicycle pedal upon application of the second predetermined amount of outward twisting force on the second bicycle shoe cleat.

- 11. (Original) The bicycle pedal assembly according to claim 10, wherein the first and second bicycle shoe cleats are configured and arranged to release from the right and left bicycle pedals at substantially an identical cleat release angle.
- 12. (Original) The bicycle pedal assembly according to claim 10, wherein the rear clamping member of the right bicycle pedal is movably coupled to the pedal body of the right bicycle pedal to move between a cleat engaged position to a cleat released position, and

the rear clamping member of the left bicycle pedal is movably coupled to the pedal body of the left bicycle pedal to move between a cleat engaged position to a cleat released position.

- 13. (Original) The bicycle pedal assembly according to claim 10, wherein the first and second bicycle shoe cleats and the rear clamping members of the left and right bicycle pedals are configured and arranged to deflect the rear clamping members of the right and left bicycle pedals about an equal amount regardless of which of the first and second bicycle shoe cleats are used with the left and right bicycle pedals.
- 14. (Original) The bicycle pedal assembly according to claim 10, wherein the first bicycle shoe cleat and the rear clamping member of the left bicycle pedal are further configured and arranged such that the rear clamping member of the left bicycle pedal deflects by a first deflection amount to release the first bicycle shoe cleat from the left bicycle pedal upon application of the first predetermined amount of outward twisting force on the first bicycle shoe cleat,

the second bicycle shoe cleat and the rear clamping member of the right bicycle pedal are further configured and arranged such that the rear clamping member of the right bicycle pedal deflects by a first deflection amount to release the first bicycle shoe cleat from the right bicycle pedal upon application of the first predetermined amount of outward twisting force on the first bicycle shoe cleat,

the first bicycle shoe cleat and the rear clamping member of the right bicycle pedal are further configured and arranged such that the rear clamping member of the right bicycle pedal deflects by a second deflection amount that is slightly more than the first deflection amount to release the first bicycle shoe cleat from the right bicycle pedal upon application of the second predetermined amount of outward twisting force on the first bicycle shoe cleat, and

the second bicycle shoe cleat and the rear clamping member of the left bicycle pedal are further configured and arranged such that the rear clamping member of the left bicycle pedal deflects by the second deflection amount to release the second bicycle shoe cleat from the left bicycle pedal upon application of the second predetermined amount of outward twisting force on the second bicycle shoe cleat.

15. (Original) The bicycle pedal assembly according to claim 14, wherein the rear clamping member of the right bicycle pedal is pivotally coupled to the pedal body of the right bicycle pedal about a rear pivot axis with a biasing member urging the rear clamping member of the right bicycle pedal towards a cleat engaged position, and

the rear clamping member of the left bicycle pedal is pivotally coupled to the pedal body of the left bicycle pedal about a rear pivot axis with a biasing member urging the rear clamping member of the left bicycle pedal towards a cleat engaged position.

- 16. (Original) The bicycle pedal assembly according to claim 10, wherein the first front and rear attachment portions of the first bicycle shoe cleat are substantially mirror images of the second front and rear attachment portions of the second bicycle shoe cleat.
- 17. (Original) The bicycle pedal assembly according to claim 10, wherein the first rear attachment portion of the first bicycle shoe cleat further includes a first low release force engagement surface arranged on a first side of a front to rear center longitudinal axis of the first bicycle shoe cleat, and a first high release force engagement surface arranged on a second side of a front to rear center longitudinal axis of the first bicycle shoe cleat,

the first low release force engagement surface being configured to selectively engage an inside section of the rear clamping member of the left bicycle pedal and move the rear clamping member of the left bicycle pedal upon application of the first predetermined amount of outward twisting force on the first bicycle shoe cleat relative to the left bicycle pedal,

the first high release force engagement surface being configured to selectively engage an inside section of the rear clamping member of the right bicycle pedal and move the rear clamping member of the right bicycle pedal upon application of the second predetermined amount of outward twisting force on the first bicycle shoe cleat relative to the right bicycle pedal,

the first rear attachment portion of the second bicycle shoe cleat further includes a second low release force engagement surface arranged on a first side of a front to rear center longitudinal axis of the second bicycle shoe cleat, and a second high release force

engagement surface arranged on a second side of a front to rear center longitudinal axis of the second bicycle shoe cleat,

the second low release force engagement surface being configured to selectively engage an inside section of the rear clamping member of the right bicycle pedal and move the rear clamping member of the right bicycle pedal upon application of the first predetermined amount of outward twisting force on the second bicycle shoe cleat relative to the right bicycle pedal,

the second high release force engagement surface being configured to selectively engage an inside section of the rear clamping member of the left bicycle pedal and move the rear clamping member of the left bicycle pedal upon application of the second predetermined amount of outward twisting force on the second bicycle shoe cleat relative to the v bicycle pedal,

Claims 18-30. (Cancelled)